

SILVER

Silver Hill Hospital's Art and Literature Magazine

LINING



SUMMER 2017

GREAT ART IS
PRICELESS

SILVER

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The Silver Lining is a collection of art and literature by the Silver Hill Hospital Community.
All of the work published in *The Silver Lining* is created by patients, alumni, volunteers and staff.
The Silver Lining is a forum for healing and creative expression.

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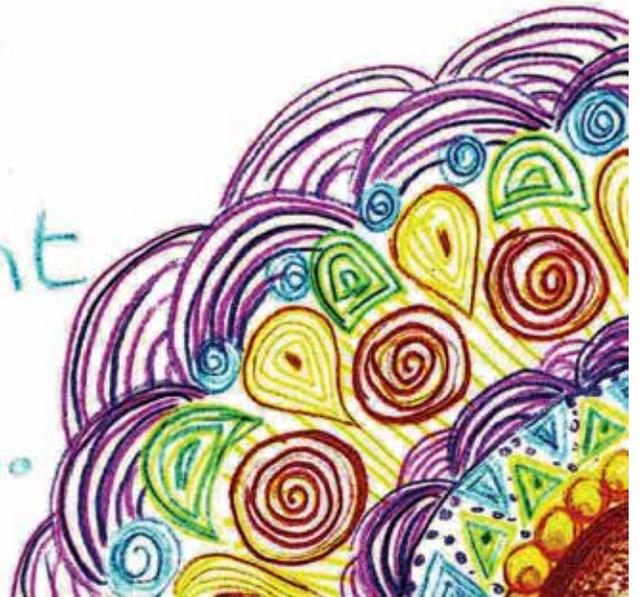


SILVER HILL HOSPITAL
RESTORING MENTAL HEALTH SINCE 1931

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You are a child of the
Universe;
No less than the
trees and the
Stars,
You have a right
to be here...



ALISON



AUBRIANA



YASMINE

WORDS TO MY ADDICTION

I've been watching you have your fun, out there on the run
No life behind your eyes, lips only form lies
Falling down, not looking up. Itchy, achy and throwing up
From once a week comes every day, and like addictive thoughts will say
"Just run downtown and look around. That guy there, you've sampled his wares"
But you know better deep inside, what's worse, you're taking me for the ride
I had these plans for my own life, get a job and be a wife
Have some kids and good friends too, my evil friend, can't you see I am you
I hope you know I am not lost, that I'll return at any cost
I'll drag you to meetings, I'll make you show, you'll cope and deal, and learn and grow
Learn it, live it, push and shove, kick and scream at my tough love
I know you're scared, but so am I, but if not this, we'll surely die
I love you now, but I need to love me, and now I hope you're able to see
It's my time to shine and lead the way, so that I'll live to see a brand new day

— SARAH



EMILY

BY MY SIDE

I walked along for so long
No one by my side
Or so I thought
God was walking with me
I never knew
But then I wandered
I lost Him
A new man enters
He leads, I follow
He's not by my side
So again I wander
Or so I thought
God was walking with me
He wants to be by my side

I can't catch up
I reach for Him
Or so I thought
You walked into my life
I'm by your side
If you stumble I give my arm
We're stable again
When I quicken pace you stay by my side
Our journey continues
We're at each other's side
My left hand fits perfectly into yours
And there, to my right
Where he always walked
God is by my side

—SARAH



CHARLOTTE





CHRISTINE

Grateful

New

PERSPECTIVE

ENDING

STRUGGLE

Protecting

another

PERFECT

difference

fresh

colors

After

pain

SMOOTH

SPLIT

irresistible

control

TIME

CRASHED

READY

think

FREE

FRESHER

PRINT

INTENSIVE

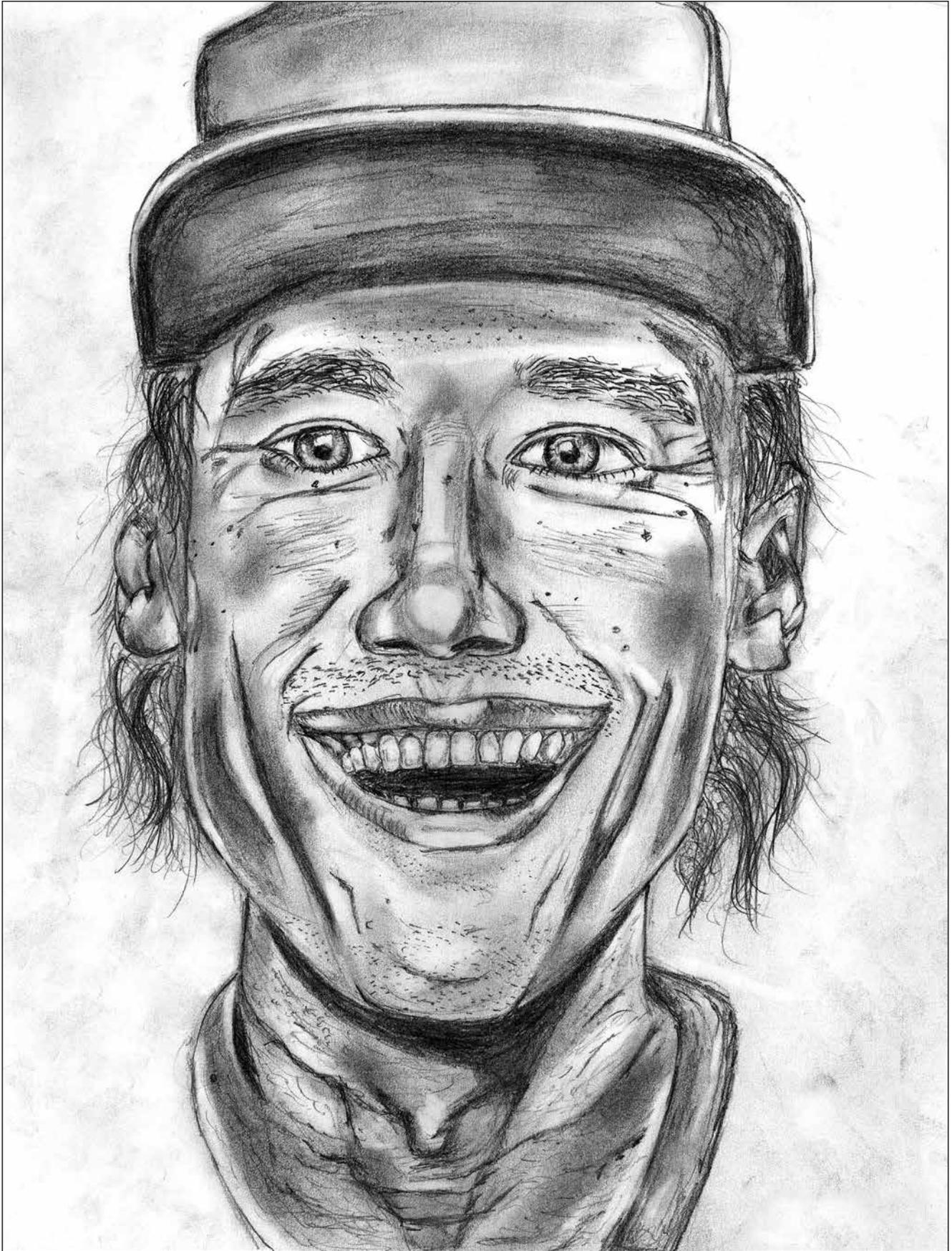
redemption

TRAVEL

PEAK

Fact

EMILY



ISABEL

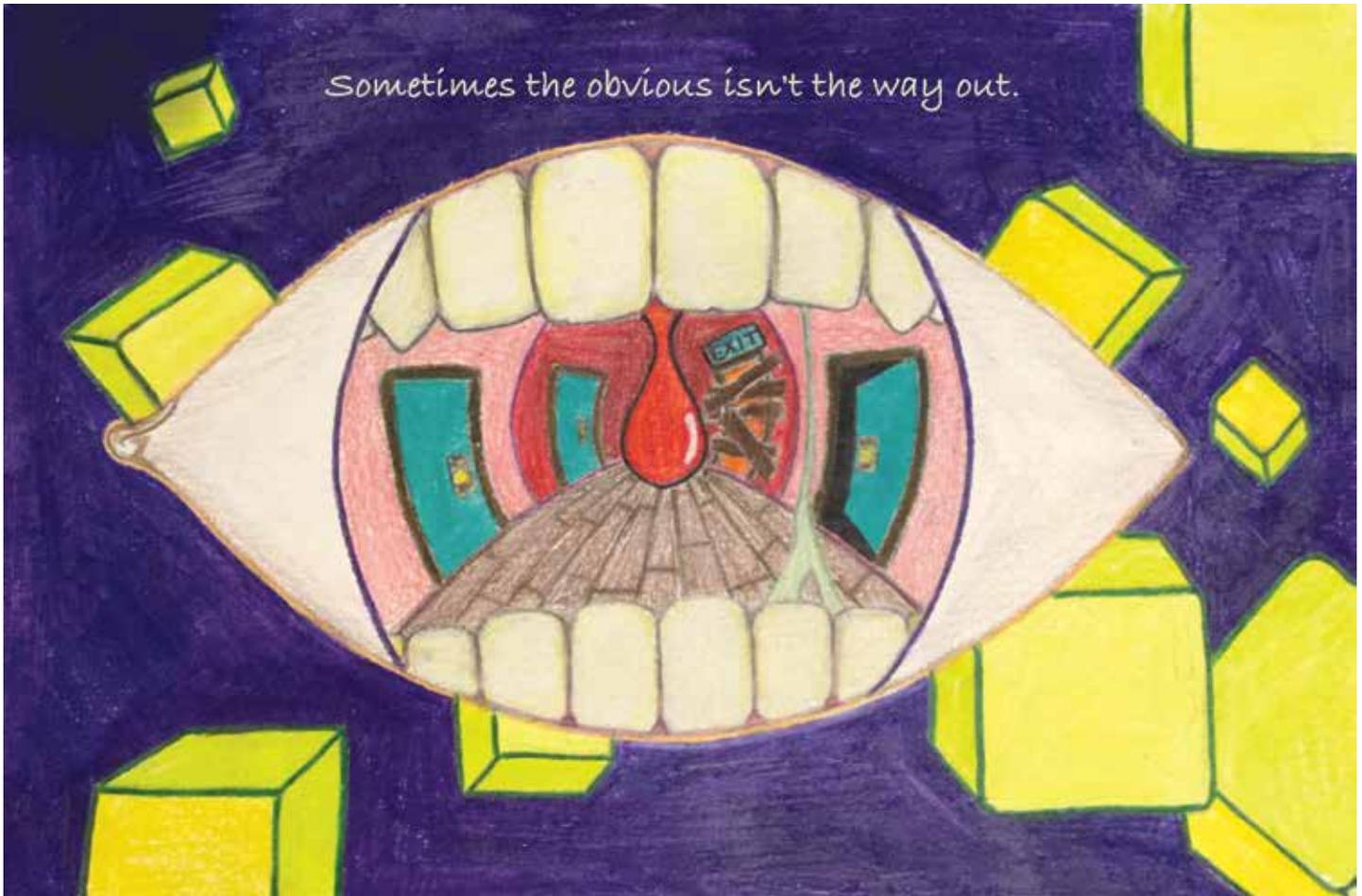
DISAPPOINTMENT

Happiness comes in moments wedged between the sad
At first you hope that the joys will draw closer together
And that in the future they will form a cohesive whole
Then the world gives you the bitterest disappointment:
The realization that sadness will always punctuate your joy
It is impossible to sustain yourself with happiness forever
Instead, you must learn to live off of the anticipation
Then you can begin to brush away the emptiness
And the only shadow upon your heart will be
The knowledge that happiness is a pause in sorrow, not escape

—THEODORE



NATASHA



GLORIA



GABRIELLE



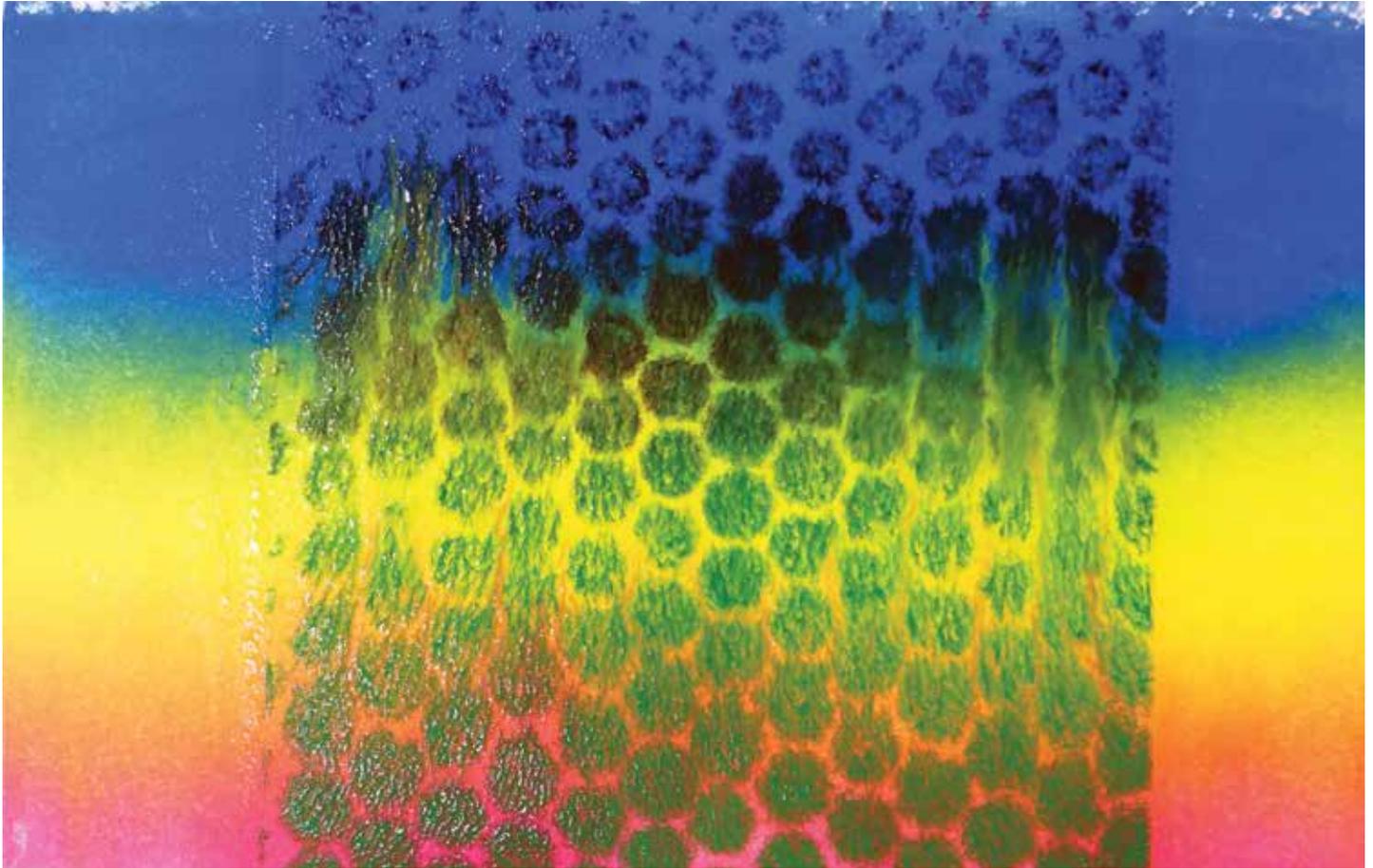
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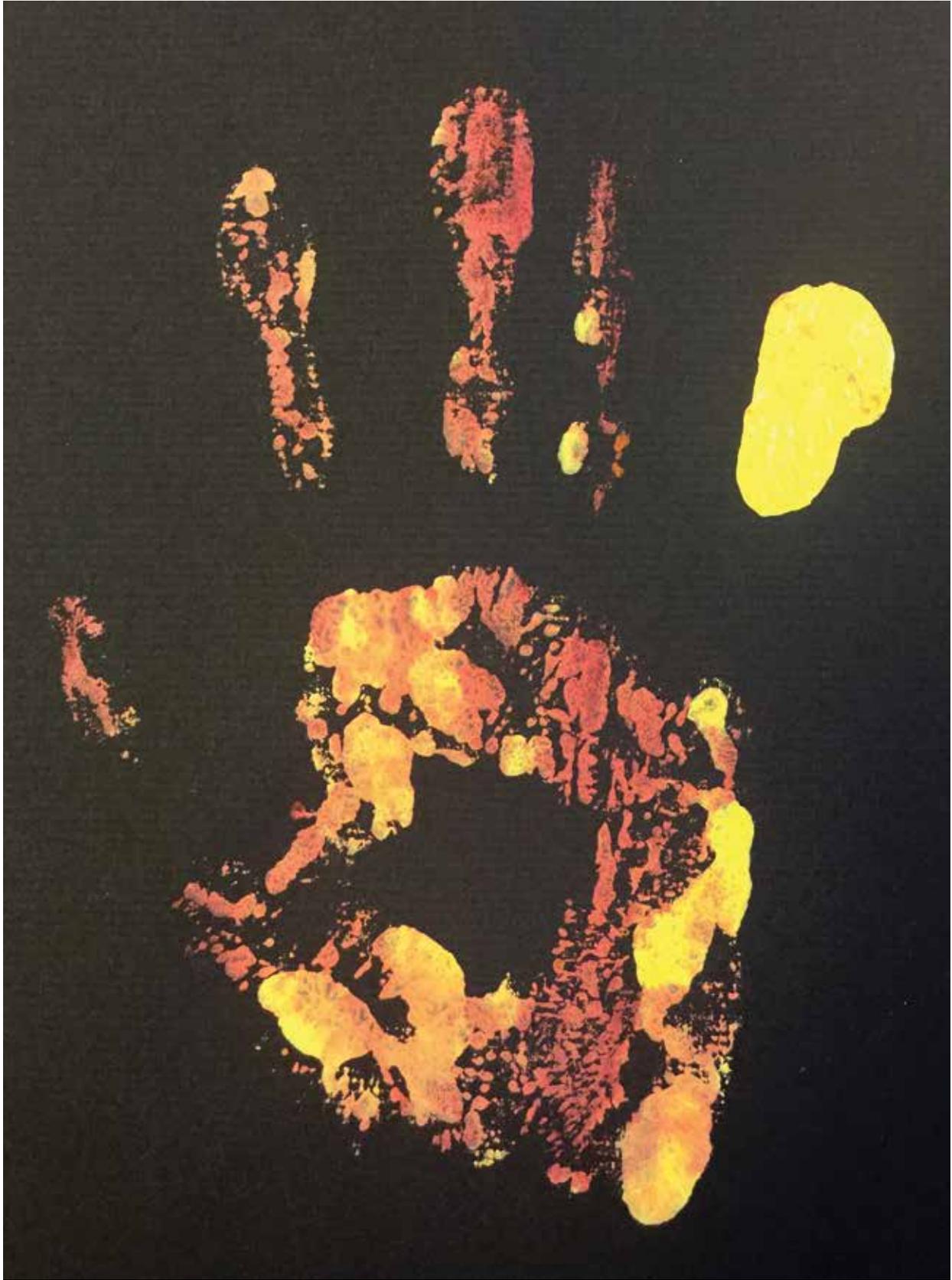
ELIZABETH



TOM



SAMI



SKYLAR

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