

September is National Recovery Month!



invites you to the 4th Annual Celebration of Recovery Luncheon!

All are welcome!

Keynote Speaker: Tommy Rosen



- Yoga teacher and addiction recovery expert who has spent the last two decades immersed in yoga, recovery and wellness
- Pioneer in the field of Yoga and Recovery assisting others to holistically transcend addictions of all kinds.
- Founder and host of the Recovery 2.0: Beyond Addiction Online Conference series and the #MoveBeyond Group Coaching Program.
- Leads Recovery 2.0 retreats and workshops internationally.

Thursday September 28, 2017

11:30 am – 1:30 pm

*11:30 Sign-in and at Noon Presentation Begins

St. Mark's Episcopal Church
111 Oenoke Ridge Road, New Canaan, CT

Enjoy music from Phil Williams, New Canaan Music &
Closing song from the CCAR Bridgeport Men's Choir

This is free but space is limited, RSVP required before Mon., 9/22/17
Ingrid Gillespie- igillespie@communities4action.org

Supporting Partners:



NEWPORT ACADEMY



Recovering for Life
Kathy Brown, Recovery Coach

MOUNTAINSIDE

