Your courage.
Our commitment.
Your determination.
Our dedication.

Not many psychiatric facilities can claim that all its resources are dedicated to patient treatment. That all patients are treated with respect and dignity and receive the level of care they need, when they need it. That a highly-skilled staff takes a multi-disciplinary approach to treatment in an environment designed to foster recovery. That collaboration with supportive family members and referring clinicians is considered integral to positive outcomes. And we’ve been doing all that for 85 years and counting.

Partnership with referring clinicians

Treatment begins with the referring clinician and continues after the patient has left Silver Hill. From initial diagnosis through post-hospital care, we have been collaborating with referring clinicians for eight decades. We work hard to earn their trust every day. When they refer to Silver Hill they can be confident that we are here to partner with them in the treatment of even the most complex and difficult presentations.
A legacy of service
We are an independent, not-for-profit, psychiatric facility – one of a handful of such designations in the country. Our sole focus is on the treatment of psychiatric and addiction disorders, and all our resources go into the patient experience. In its 85 years of service, Silver Hill has become a nationally recognized leader in the field, known for its clinical excellence, thorough treatment, and compassionate care for adults and adolescents. In 2017, Silver Hill scored 98.8% overall on The Joint Commission nationally reported quality measures.

A healing environment
At Silver Hill, the environment of care is valued as much as the techniques of treatment. Our 44-acre campus, nestled in the Connecticut woods, with its free-standing residences, has the look and feel of a quiet country retreat – welcoming, warm, healing. Everything in this tranquil setting has been carefully designed to foster the process of recovery.

Centers of clinical expertise
We have six long-term residential programs created to treat specific patient populations and disorders. Each residence is designed to ensure a safe, secure environment.

Addiction & Co-Occurring Disorders Center
For patients experiencing problems with addiction and a psychiatric disorder.

Psychotic Disorders Center
For patients whose long-standing psychoses are preventing them from functioning in daily life.

Personality Disorders Center
For patients struggling with intense emotions, erratic changes in mood or harmful behaviors.

Eating Disorders Center
For patients whose desire to control eating has taken control of their lives.

Chronic Pain Recovery Center
For patients with long-standing chronic pain symptoms who have not found adequate pain relief.

Center for Adolescents
For patients ages 13-17 who may be struggling with mood disorders, anxiety disorders and co-occurring eating or substance use disorders.

Uninterrupted treatment
From inpatient to residential to intensive outpatient programs, we provide access to the treatment our patients need, when they need it, all on one campus. This means there is no disruption of treatment or dislocation in care. Patients can move seamlessly from one level of treatment to another depending on their current needs. During their stay at Silver Hill, all patients have ready access to clinicians 24 hours a day, 7 days a week.

Dedicated staff
From the front desk to the counseling room, Silver Hill takes a comprehensive team approach to psychiatric care. Not many psychiatric and addiction treatment facilities can boast a medical staff of 20 that includes 14 full-time licensed psychiatrists, most of whom are double-boarded. Our psychiatrists work closely with a staff of licensed nurses, licensed clinical social workers, therapists, residential counselors and other caregivers. We have a particularly high staff to patient ratio, and many of our staff have made their careers here, devoting themselves to the compassionate treatment of their patients.

Family participation
The patients who walk through our doors are not the only courageous ones. So are the families that stand with them. Family members are often the ones who bring patients to Silver Hill for treatment and take them home after their treatment is completed. They play an important role in recovery and we support them throughout the process with regular meetings and programs that foster the kind of understanding that leads to a positive outcome.

Our patients get better
Patients who complete our residential programs tell us their treatment was a vital part of their recovery.

- 80% of patients who completed our Addiction & Co-Occurring Disorders transitional living program reported being alcohol and drug free within a year of discharge.
- In a survey of patients who completed treatment at the Chronic Pain Recovery Center, the majority reported a reduction in pain, opioid use, and symptoms of depression and anxiety.
Silver Hill is:

- An independent not-for-profit psychiatric hospital
- Three levels of care all on one campus: inpatient, residential and outpatient
- A safe, healing environment
- Patient-focused, evidence-based therapies
- Caring, compassionate, highly-skilled staff
- Support for families
- A trusted partner to referring clinicians
- 6 Centers of clinical expertise
- An 85-year legacy of experience
- Licensed by the State of Connecticut
- Accredited by The Joint Commission
- Affiliated with Yale University School of Medicine, Department of Psychiatry

To find the appropriate program or begin the process of arranging for treatment, please see the following contact information.

Silver Hill Hospital
208 Valley Road
New Canaan, CT 06840
866 542 4455
contactus@silverhillhospital.org
silverhillhospital.org