

ACUTE CARE UNIT

	MON	TUE	WED	THU	FRI	SAT	SUN
6:30 - 6:45	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break
6:45 - 7:00	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break
7:30 - 9:00	VITALS	VITALS	VITALS	VITALS	VITALS	VITALS	VITALS
8:00 - 10:00	MEDS	MEDS	MEDS	MEDS	MEDS	MEDS	MEDS
8:00 - 8:45	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
9:00 - 9:30	PATIENT ORIENTATION/ GOALS GRP (PT)	PATIENT ORIENTATION/ GOALS GRP (RN/PT)	PATIENT ORIENTATION/ GOALS GRP (PT)	PATIENT ORIENTATION/ GOALS GRP (PT)	PATIENT ORIENTATION/ GOALS GRP (PT)	PATIENT ORIENT/ GOALS GRP RN/(PT)	PATIENT ORIENT/ GOALS GRP (RN/PT)
9:30 - 10:00		LIBRARY	PET THERAPY (VOL)	NUTRITION (RD)		9:30 - 10:30 ART THERAPY (AT)	ORIENTATION TO TREATMENT (PT/RN)
10:00 - 10:15	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break
10:15 - 10:30	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break
10:30 - 11:15	ART THERAPY (AT)	MUSIC THERAPY (MT)	ART THERAPY (AT)	MUSIC THERAPY (MT)	ACU Orientation Video or CHESS (VOL)	PET THERAPY (VOL)	HEALTH EDUCATION & SMOKING CESSATION (RN)
11:15 - 12:00	11:15 - 11:30 ACU Orientation Video	11:45 - 12:00 ACU Orientation Video	TED Talk	11:45 - 12:00 ACU Orientation Video	Yoga	Weekend Yoga	11:00-12:00 FAMILY FORUM
12:00 - 12:30	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:30 - 1:00	MEDS/VITALS	MEDS/VITALS	MEDS/VITALS	MEDS/VITALS	MEDS/VITALS	MEDS/VITALS	MEDS/VITALS
12:30 - 12:45	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break
12:45 - 1:00	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break
1:15 - 2:00	DISCHARGE PLANNING (SW)	COMMUNICATION SKILLS (SW)	SPIRITUALITY (SPIR COUNS)	RELATIONSHIPS IN RECOVERY (SW)	MANAGING TRANSITIONS (SW)	12:00 - 2:00 VISITING HOURS	12:00 - 2:00 VISITING HOURS
2:00 - 2:45	RECREATIONAL THERAPY (RT)	RECREATIONAL THERAPY (RT)	HORTICULTURE THERAPY (HT/RT)	RECREATIONAL THERAPY (RT)	RECREATIONAL THERAPY (RT)	2:00- 3:00 HORTICULTURE THERAPY (HT)	2:00 - 3:00 HORTICULTURE THERAPY (HT)
3:00 - 3:45	MANAGING EMOTIONS (SW)	DBT (SW)	COPING SKILLS (SW)	SELF-ESTEEM (SW)	INTRO TO MINDFULNESS (SW)	3:30 - 4:30 BI WEEKLY NAMI IN OUR OWN VOICES (VOL)	3:00 - 4:00 REC. DISCUSS. GROUP (VOL)
4:30- 6:00	VISITING HOURS	VISITING HOURS	VISITING HOURS	VISITING HOURS	VISITING HOURS		
4:45 - 5:15	MEDS/VITALS	MEDS/VITALS	MEDS/VITALS	MEDS/VITALS	MEDS/VITALS	MEDS/VITALS	MEDS/VITALS
5:00 - 5:30	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
5:30 - 5:45	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break
5:45 - 6:00	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break
6:00 - 7:00	Coffee House	Coffee House	Coffee House	Coffee House	Coffee House	Coffee House	Coffee House
7:00 - 8:00	Evening Yoga		Evening Yoga				
7:30 - 8:30	VITALS	VITALS	VITALS	VITALS	VITALS	VITALS	VITALS
8:30 - 9:00	WRAP-UP (PT)	WRAP- UP (PT)	WRAP- UP (PT)	WRAP- UP (PT)	WRAP- UP (PT)	WRAP- UP (PT)	WRAP- UP (PT)
9:00 - 11:00	MEDS	MEDS	MEDS	MEDS	MEDS	MEDS	MEDS
9:45 - 10:00	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break	Fresh Air Break
10:00 - 10:15	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break	Deck Break