The Silver Hill difference

• Silver Hill Hospital is one of the few facilities in the country that can stabilize and treat co-occurring disorders simultaneously.
• Patient centered, evidence-based therapies are the foundation of our treatment programs.
• When indicated, we will provide medication-assisted treatment for opioid addiction
• Our highly credentialed medical and clinical staff includes 15 full time psychiatrists, an internist, psychologists, registered nurses and licensed clinical social workers
• A trusted partner to referring clinicians
• Psychiatrists are onsite 24/7
• Licensed by the State of Connecticut and Accredited by The Joint Commission

A Unique Therapeutic Environment

At Silver Hill Hospital, we have created an environment of care that is an important reason for the success of the treatment program – the integration of the tranquil, healing setting and treatment program sets us apart. Our highly skilled staff takes a multi-disciplinary approach to treatment in an environment that has been carefully designed to foster recovery. In addition, our collaboration with supportive family members and referring clinicians help in the process of achieving positive outcomes. Silver Hill has provided a unique resource for 85 years and counting.

Partnership with referring clinicians

From initial diagnosis through post-hospital care, collaboration with referring clinicians is a hallmark of our program. We are committed to partnering with referring physicians in the treatment of even the most difficult and complex presentations. The commitment to collaboration along with a record of positive outcomes is why clinicians entrust the care of their patients to Silver Hill year after year.

To learn more about which program is most appropriate for you or to begin the process of arranging for treatment, please contact:

Silver Hill Hospital
208 Valley Road
New Canaan, CT 06840
866 542 4455
contactus@silverhillhospital.org
silverhillhospital.org
A legacy of service
We are an independent, not-for-profit, psychiatric facility – one of a handful of such designations in the country. Our sole focus is on the treatment of psychiatric and addiction disorders, and all our resources go into the patient experience. In its 85 years of service, Silver Hill has become a nationally recognized leader in the field, known for its clinical excellence, thorough treatment, and compassionate care for adults and adolescents. In 2017, Silver Hill scored 98.8% overall on The Joint Commission nationally reported quality measures.

Dedicated staff
From the front desk to the counseling room, Silver Hill takes a comprehensive team approach to psychiatric care. Not many psychiatric and addiction treatment facilities can boast a medical staff of 20 that includes 15 full-time licensed psychiatrists, most of whom are double-boarded. Our psychiatrists work closely with a staff of licensed nurses, licensed clinical social workers, therapists, residential counselors and other caregivers. We have a particularly high staff to patient ratio, and many of our staff have made their careers here, devoting themselves to the compassionate treatment of their patients.

Centers of clinical expertise and conditions treated
We have transitional living programs created to treat specific patient populations and disorders. Each residence is designed to ensure a safe, secure environment.

Addiction & Co-Occurring Disorders Center
For patients experiencing problems with addiction or addiction in combination with a psychiatric disorder

Anxiety and Mood Disorders
For patients in treatment for disorders such as depression and bipolar disorder

Center for Adolescents
For patients ages 13-17 with substance use and other psychiatric disorders

Eating Disorders Center
For patients experiencing problems associated with eating behaviors and related issues

Personality Disorders Center
A Dialectical Behavior Therapy-centered program (DBT) for patients struggling with intense emotions, erratic changes in mood or harmful behaviors

Psychotic Disorders Center
For patients with psychotic disorders such as schizophrenia and schizoaffective disorder

The Steward House at Silver Hill
For high-achieving professionals and executives struggling with substance use and other psychiatric disorders. In collaboration with Yale New Haven Health and the Department of Psychiatry at Yale School of Medicine

Uninterrupted treatment
Inpatient Programs
Acute Psychiatric, including ECT, Addiction/Co-Occurring, Detoxification
(Insurance Accepted)

Transitional Living Programs
Addiction/Co-Occurring Disorders, Adolescent
Dialectical Behavior Therapy, Eating Disorders, Mental Health and Substance Use Recovery for Executives and Professionals, Personality Disorders/Dialectical Behavior Therapy, Psychotic Disorders
(Self-Pay)

Intensive Outpatient Programs
Addiction/Co-Occurring Disorders, Addiction Outpatient Program, Adolescent Dialectical Behavior Therapy Skills, Adult Dialectical Behavior Therapy Skills, Women’s DBT and Safe Relationships, (Insurance Accepted)

Silver Hill Hospital participates with the following insurance or behavioral health managed care organizations for inpatient and intensive outpatient services:
Aetna, Anthem Blue Cross, Blue Cross Plans, Cigna, Connecticut, Magellan (Yale employees), Medicare, Optum, TRI-CARE, United Healthcare/Oxford, Value Options, Yale Health Plan (Yale students)

Family participation
The patients who walk through our doors are not the only courageous ones. So are the families that stand with them. Family members are often the ones who bring patients to Silver Hill for treatment and take them home after their treatment is completed. They play an important role in recovery and we support them throughout the process with regular meetings and programs that foster the kind of understanding that leads to a positive outcome.

A healing environment
Our 44-acre campus, nestled in the Connecticut woods, with its free-standing residences, has the look and feel of a quiet country retreat – welcoming, warm, healing. Everything in this tranquil setting has been carefully designed to foster the process of recovery.