

VIRTUAL GRAND ROUNDS

**Substance Use Disorders: Explained and Treated Through
Attachment Theory**

Presented by

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Wednesday, February 9th, 2022
11:30 a.m. - 1:00 p.m.
Live Presentation via Zoom

The neurobiology of Attachment Theory and substance use disorders will be described in detail, leading to a new way of understanding prevention and treatment. The origins of attachment theory will be described along with important psychological impacts of early attachment. The neurobiological pathways of attachment will be described with a particular emphasis on the overlap with the addiction/motivation neurocircuitry. This shared neurobiology between attachment and addiction is crucial for understanding the origins and treatment of substance use disorders. The pregnancy and the postpartum period brings certain biological changes that allow attachment to serve as a powerful intervention to substance use. Hence, the perinatal period is a vital time to intervene with both the mother and the infant in an integrated way to impact the intergenerational opiate epidemic.

Educational Objectives

As a result of participating in this activity, learners should be able to:

1. Define Attachment Theory
2. Describe the overlapping neurobiology between attachment and motivations as it relates to substance use disorders
3. Explain how Attachment Theory can be used to treat substance use disorders

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Accreditation Statement: Silver Hill Hospital is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.

Designation Statement: Silver Hill Hospital designates this live activity for a maximum of *1.5 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This program has been approved for 1.5 Continuing Education Credit Hours by the National Association of Social Workers, CT and meets the continuing education criteria for CT Social Work Licensure renewal. Approval also meets the continuing education criteria for CT LMFTs, LPCs, and licensed psychologists.

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