

## Life is complicated. Its obstacles can be, too

Some people struggle with issues and disorders that resist treatment: complex cases of anxiety, depression, addiction, or other severe psychiatric disorders. Co-occurring conditions can make things even more difficult.

The Argent Program at Silver Hill Hospital was created for this kind of challenge. This is an intensive, deep dive into all aspects of the patient's mental, physical and social wellbeing. After a residence on the comforting Silver Hill Hospital campus, the patient will come away with a deeper understanding of their condition and a detailed roadmap for ongoing and effective treatment.

### A safe, healing environment

Patients in the Argent Program will stay in one of the comfortable, well-appointed residences on the 44-acre Silver Hill Hospital campus, in the forested Connecticut countryside. It's hard to imagine a more tranquil, restful setting for recovery and reconnection.

### Hope and help are here at Silver Hill Hospital

Silver Hill Hospital is a nationally recognized, independent not-for-profit psychiatric hospital, affiliated with the Yale University School of Medicine, Department of Psychiatry. With a 90-year legacy of experience, we are among the best private hospitals in the country for psychiatric care and substance abuse.

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To learn more about the programs at Silver Hill Hospital, visit us at [silverhillhospital.org](http://silverhillhospital.org) or call

**1-866-542-4455**

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Silver Hill Hospital  
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## The Argent Program at Silver Hill Hospital

Comprehensive  
Psychiatric Assessment



*When nothing seems to help, it can be easy to lose hope.*

### The Argent Program: A more insightful assessment

People are more than a diagnosis. They have multi-faceted lives, cherished beliefs and a rich history of life experiences. The Argent approach understands this, with a diagnosis and treatment that encompasses the mind, body and environment. This comprehensive approach sets us apart among mental health facilities and practitioners across the nation.

### A broad team of experts

A team of highly qualified experts focuses on the individual. The assessment is directed by both a psychiatrist and psychologist from Silver Hill Hospital, guiding nurses and social workers in support of the patient's care.

### With current providers, we dive deep into patient history

Working with the patient, as well as family members and referring clinicians, we gather a detailed psychosocial history. Family members participate to help fill in the gaps in the patient's background and provide a broader perspective. We draw a comprehensive portrait of their psychiatric history, cognitive skills and personality; physical wellbeing, including medical background, sleep patterns; family dynamics and patterns of relationships; their most effective psychotherapies; and behavioral, nutritional, and physical best practices. This comprehensive psychosocial and family history is shared with the team and provides essential background as we collaborate on diagnosis, next steps and treatment recommendations.

### A transformation of the body and the mind

Our detailed psychological testing, personality assessment and case conferences provide insight into the sources of meaning in a person's life and the beliefs, rituals and behaviors behind them. Academic studies consistently show a correlation between emotional health and overall wellbeing. We work to understand the life events that have challenged a patient's belief system. This vital information can help the patient and their treatment team improve the quality of care and guide them to more comprehensive ongoing treatment.

### The outcome: Hope, understanding, and a plan for care

At the end of the stay, the team presents a comprehensive diagnostic report with insights and a recommended care plan, including clinician referrals. After completing the Argent Program, the patient and treatment team receive a detailed report with our findings and recommendations.

Whether ongoing treatment involves Silver Hill Hospital services or outside clinicians, we remain in close contact with all providers to share insights and provide continuity of care.