



TRANSFORMATIVE NEUROPSYCHIATRIC CARE

The Neuropsychiatric Program at Silver Hill Hospital is a transformative experience for patients and their families. Carefully developed for over a decade of intensive care, our program successfully treats patients who experience persistent symptoms that are unresponsive to conventional care methods. Given the complex nature of certain conditions, some patients need more intense treatment than traditional programs can give them, but participation in the Neuropsychiatric Program at Silver Hill Hospital marks the beginning of long-term stability and care.

INSURANCE INFORMATION:

- Inpatient – most commercial insurances accepted
- Transitional Living Program – self pay
- Assessment – self pay
- Executive and Professionals – self pay
- Outpatient – most commercial insurances accepted

CONTACT INFO

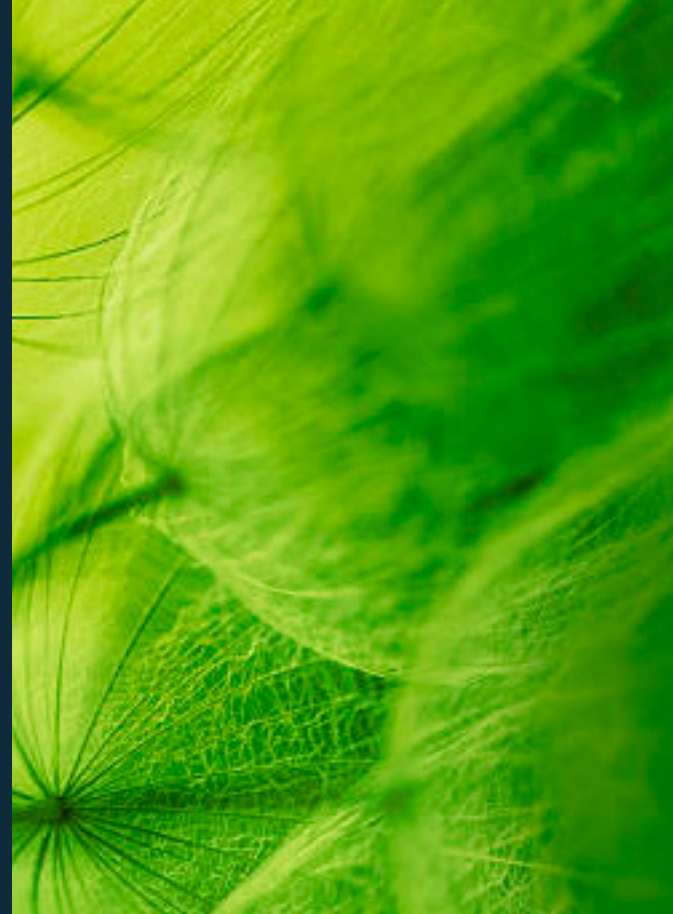
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203-643-2090



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The Neuropsychiatric Program



A LITTLE MORE ABOUT WHAT MAKES SILVER HILL HOSPITAL SPECIAL:

Nestled on 44 acres of rolling Connecticut countryside, Silver Hill Hospital is widely recognized as one of the nation's preeminent private non-profit psychiatric hospitals. From their first moments with us, our patients feel the warmth and care of our established staff to make them feel at home. Treating patients with empathy and expertise since 1931, Silver Hill has been accredited by the Joint Commission for its excellence in mental health and addiction services, providing adults and adolescents the comprehensive treatment programs they need for successful long-term recovery.





“This hospital is a sacred space, an island where generations of people have come to heal. We never give up here. We use every means possible to help patients and their families. That is the magic of this place.”

- ROCCO MAROTTA, M.D., PH.D.

A UNIQUE APPROACH TO CARE

At Silver Hill Hospital, Dr. Rocco Marotta and his team believe that the patient is not defined by their illness, but by their humanity, and leave no stone unturned when it comes to treating each patient’s individual struggles. This community living program takes an integrative team approach to care—allowing patients to comfortably live right on the hospital campus, where medical support is always available. This structure allows patients to receive complex psychopharmacological interventions tailored to their unique symptoms.

ROCCO MAROTTA, M.D., PH.D.

Dr. Rocco Marotta is the director of the Neuropsychiatric Program at Silver Hill Hospital. In addition to building and developing collaborations with complementary departments in his highly structured program, Dr. Rocco considers the cherished and valued lifelong connection to patients and families the pride of Silver Hill Hospital, and the reason his program has achieved global recognition.

THERAPEUTIC ENVIRONMENT

- 1:1 training sessions for social integration, healthy working and eating habits – including preparing meals together
- Group therapy
- Cognitive remediation
- Diet, exercise, and life skills coaching
- Activities to prepare for daily living

THE RESIDENTIAL TREATMENT TEAM

Our residential treatment team features a four to one physician to patient ratio. Seamlessly collaborating to provide the highest level of care, our four board certified physicians rotate and communicate onsite 24/7, so they can provide an open-door treatment policy whenever a patient needs them.

SUPPORT FOR PATIENTS AND LOVED ONES ALIKE

Our family approach includes information, communication, and support for family caregivers. Offering clinical expertise, guidance, and reassurance when families need it.

A LIFELONG CONNECTION

Dr. Marotta and his team of neuropsychiatrists take an all-hands approach to patient care. Patient, family, and therapy team are an integrated unit throughout the program and remain connected in a long-term relationship after the patient transitions home. This level of support after discharge has been the cornerstone of long-term success.



A testament to the excellence in care they received throughout the program, patient families awarded Dr. Rocco with the Silver Hill Hospital Visionary Award.

“It is so remarkable. He was alone, and heard voices and was not making sense, and now he is completing college and has a proper radio program — amazing.”

- PATIENT TESTIMONIAL

RETURNING TO A MEANINGFUL, PRODUCTIVE LIFE

After completing all stages of treatment, our patients resume their expected life paths with consistent aftercare support, so that they can continue to carry out healthy, safe, and meaningful lives after discharge.

- 83% returned to or started work
- 87% reintegrated with family
- 50% finished college

PROGRAM OVERVIEW

- Minimum 6-week Residential Transitional Living Program
- All genders, 18+
- Serving those with psychosis, thought disorders, and bi-polar (with or without substance abuse)

