

Silver Hill Hospital Appoints Amy Swift, MD, as Deputy Chief Medical Officer

Addiction psychiatrist Dr. Swift to oversee clinical operations of inpatient services.

NEW CANAAN, Conn. — Spring 2024 — [Silver Hill Hospital](#), one of the nation's premier psychiatric hospitals, has named Amy Swift, MD, as its Deputy Chief Medical Officer. With nearly two decades of research, education, and clinical experience specializing in addiction, Swift will work to enhance Silver Hill's programming, promote clinical education, and ensure the highest quality of care to patients and their families.

Swift joins Silver Hill with a deep understanding of complex mental disorders and co-occurring substance use disorders. She was the Medical Director of Addiction Services at Mount Sinai Beth Israel Hospital in New York, where she oversaw the daily operations and performance of the clinical staff and the development and quality assurance of the hospital's programming. Additionally, she worked directly with complex addiction patients through various clinical positions during her seven years at the hospital.

Swift is dedicated to the continued training and development of her staff. As Deputy Chief Medical Officer, she will focus on equipping her team with the tools and techniques needed to treat anyone entrusted to Silver Hill's care.

"Silver Hill's emphasis on continuous education deepens clinicians' understanding of patient needs and strengthens our capacity to provide outstanding, personalized care to patients with complex and co-occurring disorders," says Dr. Swift. "Many of the patients who come to Silver Hill have already tried multiple other treatment methods without lasting success. I've always been interested in helping these 'tough cases' identify and address the roots of their substance use, and I've found a home to do so alongside Silver Hill's interdisciplinary staff."

Swift will work closely with nursing, social work, psychology, and other disciplines at Silver Hill to establish the highest level of care for inpatient units. In addition, Swift will provide clinical care to select patients, developing individualized care plans that utilize a variety of therapy methods, including motivational interviewing, medication-assisted therapy, and psychoeducation.

"Dr. Swift shares Silver Hill's mission of offering compassionate, specialized care to every patient who walks through our doors," said Mark Russ, MD, Chief Medical Officer of Silver Hill Hospital. "In addition, her energy and determination will be instrumental in guiding our staff to feel empowered to care for complex cases with even greater skill and empathy."

Swift is a leader in addiction psychiatry research. At the Icahn School of Medicine, she was a Principal Investigator on a federal Substance Abuse and Mental Health Services Administration (SAMHSA) grant that developed an integrated training program to provide medical students with an educational foundation in medication-assisted treatment of opioid addiction.

A devoted educator, Swift has published and presented extensively in addiction psychiatry and related fields.

About Silver Hill Hospital

Established in 1931, Silver Hill Hospital is a nationally recognized leader in the treatment of psychiatric and addiction disorders. The Hospital has 21 full-time board-certified psychiatrists and admits more than 3,000 adolescents and adults annually for disorders that include addiction, depression, trauma, anxiety, bipolar disorder, personality disorders and schizophrenia, among others. Located on 44 scenic acres in New Canaan, Connecticut, the Hospital is especially known for its expertise in treating complex conditions and co-occurring disorders in adults and adolescents. www.silverhillhospital.org

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