



What To Bring: *Adolescent Inpatient*

Approved:

- Casual clothing, slip on shoes, slippers (no strings/laces)
- Bathing suit (1 piece for women, and trunks for men)
- Winter hats/hats without a brim
- Manual toothbrush
- Limited toiletries
 - New and unopened, non-aerosol
 - Limited make-up in plastic containers: no glass jars/mirrors/metal
- Traditional watches/rings
- Two Books (appropriate content, not spiral bound)
- Maximum \$30 cash (additional funds can be added to charge account)
- One stuffed animal from home

Not Approved:

- Revealing or inappropriate clothing
 - Shorts above mid-thigh
- Wide-neck or off-the-shoulder tops
- Strapless tops/crop tops
- Belts/scarves
- Necklaces, hoop earrings, bracelets/anklets
- Stretchy pants: leggings, stockings, and yoga pants
- Flip-flops or high heeled shoes
- Cigarettes, electronic cigarettes, vape pens, chewing tobacco, rolling tobacco/papers, cigars, nicotine pouches
- Toiletries: Hair dryers, curling irons, hair straighteners, floss, q-tips, cotton balls, razors
- All electronic devices: cell phones, laptops, smart watches, kindles, iPods, iPads, video games, cameras, Fitbit's
- Headphones
- Gum
- Hemp/CBD-based products (lotions, etc)
- Exercise equipment
- Bedding (pillows/blankets/sheets)

Permitted at staff discretion and/or limited access:

- Tweezers, nail clippers, floss
- Nail polish and remover
- Body jewelry/piercings
- Unopened, (1 quart maximum) bag of candy
- School books/books with spirals
- Cordless, electric razors
- Musical instruments
- Toiletries containing alcohol (ethanol/ethyl/isopropyl)

*Please bring a maximum of 1 carry-on sized suitcase for your inpatient stay. Any excess will be stored and returned at discharge. Silver Hill Hospital does not assume responsibility for stored belongings. Please leave valuable items at home.