SILVER HILL HOSPITAL

Silver Hill Hospital Names Alexis Briggie, Ph.D., as Director of Psychology

Briggie to oversee psychological services across hospital's care continuum and refine training programs for optimal patient care

NEW CANAAN, Conn. — Dec. 2, 2024 — Silver Hill Hospital, one of the nation's premier psychiatric hospitals, has named Alexis Briggie, Ph.D., as its Director of Psychology. She will oversee psychological services across all levels of care while enhancing the hospital's psychology training programs.

Briggie joins Silver Hill from Mount Sinai Behavioral Health Center in New York, where she most recently served as Associate Training Director of Psychology and Supervising Psychologist. During her tenure, Briggie provided direct clinical care while overseeing psychology interns, externs, and fellows, as well as psychiatry residents. Her clinical expertise centers on substance use disorders and addiction treatment.

"Silver Hill's reputation for exceptional care precedes it," Briggie said. "The hospital's long-standing commitment to excellence drives the continuous refinement of our psychological services. Through interdisciplinary collaboration and enhanced training programs, we'll continue to advance Silver Hill's comprehensive approach to patient care across our inpatient units, outpatient programs, and residential communities."

In her new role, Briggie will evaluate Silver Hill's psychotherapy services, expand its neuropsychological assessment capabilities, strengthen psychological services across clinical programs, and further develop its psychology training initiatives.

"Dr. Briggie's clinical expertise and professional development experience align perfectly with Silver Hill's mission to provide the highest quality treatments while advancing the field through education and training," said Mark Russ, MD, Chief Medical Officer. "She joins an excellent team of Silver Hill psychologists, and we look forward to the enhancements she recommends and implements across our programs."

Briggie has also been an Attending Psychologist at Montefiore Medical Center's Addiction Psychiatry Consult Service and provided consultation liaison services to medically complex patients with substance use-related comorbidities. She also worked as a Staff Psychologist at the Center for Motivation and Change in New York, where she conducted evidence-based psychotherapy for substance use and trauma.

A Connecticut native, Briggie earned her master's and doctorate degrees in clinical psychology from the Gordon F. Derner School of Psychology at Adelphi University and a bachelor's degree in psychology from Barnard College, Columbia University. She completed her pre-doctoral internship at Beth Israel Medical Center in New York and has research experience in anxiety, addiction psychiatry, attention-deficit/hyperactivity disorder (ADHD), and other related fields.

About Silver Hill Hospital

Established in 1931, Silver Hill Hospital is a nationally recognized leader in the treatment of psychiatric and addiction disorders. The Hospital has 21 full-time board-certified psychiatrists and admits more than 3,000 adolescents and adults annually for disorders that include addiction, depression, trauma, anxiety, bipolar disorder, personality disorders and schizophrenia, among others. Located on 44 scenic acres in New Canaan, Connecticut, the

Hospital is especially known for its expertise in treating complex conditions and co-occurring disorders in adults and adolescents. www.silverhillhospital.org

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