

**Silver Hill Hospital Appoints Christopher M. Lee, MD, to
Adult Inpatient Psychiatric Program**

Lee brings experience in adult psychiatry, clinical education and research

New Canaan, CT — August 13, 2026 — [Silver Hill Hospital](#), a nationally recognized nonprofit leader in mental health care for adults and adolescents, has appointed Christopher M. Lee, MD to its adult inpatient psychiatric team. Lee will provide direct clinical care to patients admitted for acute psychiatric treatment, working alongside Silver Hill Hospital's interdisciplinary team of nurses, social workers, and psychologists.

"Acute inpatient psychiatry demands sound clinical judgment and the ability to build trust with patients at a critical point in their recovery," said Mark Russ, MD, Chief Clinical Officer of Silver Hill Hospital. "Dr. Lee brings these strengths, along with a passion for teaching and mentorship that will benefit our entire clinical team."

Silver Hill Hospital's Adult Inpatient Program provides care for individuals experiencing mood disorders, psychotic episodes and withdrawal from alcohol, sedatives or opioids. Favorable clinician-to-patient ratios and daily interdisciplinary rounds allow the care team to maintain a shared, real-time understanding of each patient's treatment and progress. Silver Hill uses an integrated approach to deliver a precise diagnosis, uncover core issues, build meaningful connections with patients and families, and chart the most effective path forward.

"Inpatient care at Silver Hill is grounded in community and a shared commitment to treating each patient as an individual," said Christopher Lee, MD. "I look forward to learning from this team as both a clinician and an educator to help patients take meaningful steps toward recovery."

Lee completed his residency in general adult psychiatry and served as Chief Resident at the University of Maryland School of Medicine and Sheppard Pratt Hospital in Baltimore, where he received the Excellence in Teaching Award and the Whitney Holland Rose Memorial Award for Cultural Psychiatry. He is also a published researcher with seven peer-reviewed journal articles, including publications in *Schizophrenia Research*, the *Journal of Alzheimer's Disease*, and *Neurology*.

Lee earned his medical degree from the University of Massachusetts Medical School, where he was inducted into the Gold Humanism Honor Society, and his bachelor's degree in English, cum laude, from Williams College. At UMass, Lee co-founded a COVID-19 vaccination training program that prepared more than 300 student vaccinators in partnership with the City of Worcester's Department of Public Health. Prior to medical school, he worked as a research coordinator on the Harvard Aging Brain Study at Massachusetts General Hospital and taught high school biology at Loomis Chaffee Preparatory School.



Individuals interested in learning more about Silver Hill Hospital's inpatient care can visit the [Silver Hill website here](#).

About Silver Hill

Founded in 1931, Silver Hill is one of the nation's leading independent, nonprofit psychiatric facilities dedicated to diagnosing and treating adolescents and adults with a broad range of psychiatric and addiction disorders. Located in New Canaan, CT and New York City, Silver Hill provides a treatment continuum including inpatient, residential, and outpatient programs plus an assessment program to connect individuals seeking mental health treatment with tailored referrals for care.

Silver Hill's comprehensive offerings are comprised of a network of behavioral health provider organizations, both not-for-profit and private pay, each established to meet the specific mental health needs of the communities we serve. All Silver Hill entities share an unwavering commitment to evidence-based care and quality-driven clinical standards.

Silver Hill's highly regarded residential programs include treatment for Substance Use and Co-Occurring Disorders; Personality and Mood Disorders; Psychotic Disorders; Complex Trauma and Dissociative Disorders; as well as programs for Adolescents and Executives/Professionals across diagnoses.

At Silver Hill, board certified psychiatrists work closely with psychologists, social workers, family therapists, licensed nurses, and other staff to deliver expert care. This multidisciplinary team maintains continuous, integrated communication across the treatment continuum, ensuring that every patient benefits from a highly personalized, unified treatment strategy.

In addition to caring for those in treatment, Silver Hill is committed to advancing the field of mental health through education, training, and scholarship. The Silver Hill Academy for Research and Education (SHARE) hosts a Grand Rounds series featuring leading clinicians, plus conferences, trainee programs, fellowships, and publications, reaching thousands of practitioners across the country each year.

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