

Silver Hill Hospital Appoints Samantha Eney, DO, to Adult Inpatient Psychiatric Program
Eney brings experience in adult psychiatry, addiction treatment and research

New Canaan, CT — September 8, 2026 — [Silver Hill Hospital](#), a nationally recognized nonprofit leader in mental health care for adults and adolescents, has appointed Samantha Eney, DO to its adult inpatient psychiatric team. Eney will provide psychiatric care to adults with complex mental health needs, bringing experience in adult psychiatry, substance use disorder treatment, medical education and research.

“The most complex patients rarely fit neatly into a single diagnosis, particularly when psychiatric and substance use disorders intersect,” said Mark Russ, MD, Chief Clinical Officer of Silver Hill Hospital. “Dr. Eney’s training in adult and addiction psychiatry positions her to understand those complexities and make thoughtful clinical decisions at a critical point in a patient’s care. She is an excellent addition to our inpatient team.”

The Adult Inpatient Program at Silver Hill Hospital provides care for individuals experiencing mood disorders, psychotic episodes, and withdrawal from alcohol, sedatives or opioids. Industry-leading clinician-to-patient ratios and daily interdisciplinary rounds allow the care team to maintain a shared, real-time understanding of each patient’s treatment and progress.

“Silver Hill’s individualized and collaborative approach to psychiatric care strongly aligns with how I strive to support patients throughout treatment,” said Eney. “I look forward to working with this experienced team and helping patients build a strong foundation for continued recovery.”

Eney completed a fellowship in addiction psychiatry at NYU Langone Health and her adult psychiatry residency at Maimonides Health, where she served as Chief Resident in Ambulatory Psychiatry. During her residency, she developed an evidence-based substance use disorder curriculum and pioneered an addiction elective, focused on treating patients with opioid and alcohol use disorders.

Eney earned her medical degree magna cum laude and a master’s degree from Touro College of Osteopathic Medicine and her bachelor’s degree in psychology from New York University. Her research experience includes studying transcranial magnetic stimulation for alcohol use disorder at the New York State Psychiatric Institute at Columbia University.

Individuals interested in learning more about Silver Hill Hospital’s inpatient care can visit the [Silver Hill website here](#).

About Silver Hill

Founded in 1931, Silver Hill is one of the nation’s leading independent, nonprofit psychiatric facilities dedicated to diagnosing and treating adolescents and adults with a broad range of



psychiatric and addiction disorders. Located in New Canaan, CT and New York City, Silver Hill provides a treatment continuum including inpatient, residential, and outpatient programs plus an assessment program to connect individuals seeking mental health treatment with tailored referrals for care.

Silver Hill's comprehensive offerings are comprised of a network of behavioral health provider organizations, both not-for-profit and private pay, each established to meet the specific mental health needs of the communities we serve. All Silver Hill entities share an unwavering commitment to evidence-based care and quality-driven clinical standards.

Silver Hill's highly regarded residential programs include treatment for Substance Use and Co-Occurring Disorders; Personality and Mood Disorders; Psychotic Disorders; Complex Trauma and Dissociative Disorders; as well as programs for Adolescents and Executives/Professionals across diagnoses.

At Silver Hill, board certified psychiatrists work closely with psychologists, social workers, family therapists, licensed nurses, and other staff to deliver expert care. This multidisciplinary team maintains continuous, integrated communication across the treatment continuum, ensuring that every patient benefits from a highly personalized, unified treatment strategy.

In addition to caring for those in treatment, Silver Hill is committed to advancing the field of mental health through education, training, and scholarship. The Silver Hill Academy for Research and Education (SHARE) hosts a Grand Rounds series featuring leading clinicians, plus conferences, trainee programs, fellowships, and publications, reaching thousands of practitioners across the country each year.

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